

Setskiye zori

Russian

Choreo: Hennie Konings

The dance is done in groups of 3. Groups are evenly distributed around a centre. Each dancer has a small scarf/large handkerchief in her right hand, and holds the scarf of her LH neighbour in her left hand. Each dancer takes a turn to 'lead' the dance. Leader number 1 faces the room centre to start, with leader 2 on her right and leader 3 on her left, forming a triangle. Scarves are held at hip height to start, and should be taut but not stretched.

Each 'run' of the dance consists of 4 figures, and each figure takes 4 3-steps to complete. There is a 'coda' at the end.

Figure 1: The triangle rotates counter-clockwise, until Leader 1 is facing line of dance (for the whole room) .

Figure 2: Leaders 2 & 3 raise the hands away from Leader 1 to make an arch, and Leader 1 goes through the arch (2 3-steps). Leader 1 raises her hands to just below shoulder height and draws 2&3 after her. 2 & 3 have their own hands crossed at the wrist (2 3-steps).

Figure 3: All turn so that left shoulders are to the centre of the triangle, raising hands above heads. Scarves form a tight triangle above the heads. Triangle rotates counterclockwise until leader 1 is facing away from LoD. There should not be any stopping... the turn is part of the movement.

Figure 4: Leader 1 moves under the arch formed by 2 & 3, and turns to unwind under her own scarf (2 3-steps) and the whole triangle moves one 3-step towards each other and one 3-step back.

Repeat all with leader 2 taking the lead, and again with leader 3 in the lead; At the end of leader 3's 'turn', there is an extra 3-step in and out, followed by slow Right and Left steps on the spot.

Coda: Leader 1 is now in lead position

Figure 1: The triangle rotates counter-clockwise, until Leader 1 is facing line of dance (for the whole room) .

Figure 2: Leaders 2 & 3 raise the hands away from Leader 1 to make an arch, and Leader 1 goes through the arch (2 3-steps). As she does so, leader 2 drops the scarf in her left hand (belonging to leader 1). Leader 3 turns under her arch of her own scarf, and all 3 progress with 3-steps into the LoD. Groups join up, holding scarves with W-hold so that each scarf forms a u-shape between dancers. The final 3-step turns to face centre, dancers drop LH scarves, and raise own scarf high in right hand to make a flourishing bow from the hips.