

# Nanourisma - Νανούρισμα

**Dance :** Choreography by Hazel Young.

**Source of Music :** Oneira "Si La Mar". Track title "Nanourisma". Nanourisma means lullaby.

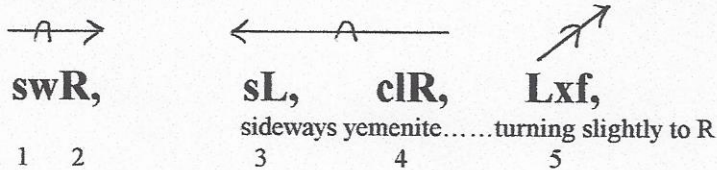
**Formation :** Open circle, with leader at R end of the line.

**Arms :** W hold.

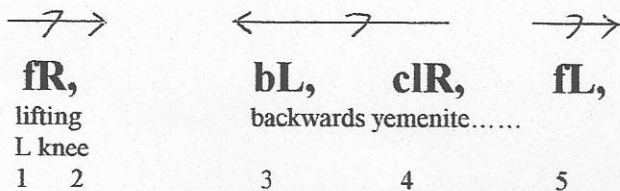
**Introduction :** Start dance with singing.

**Pattern :** [1,2,3,4,5,6] repeating.

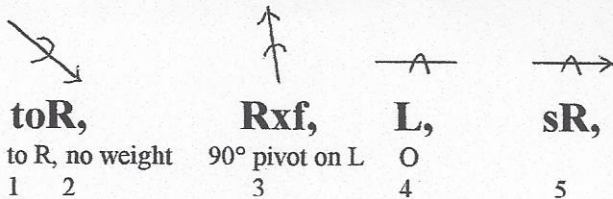
1) Start facing centre.



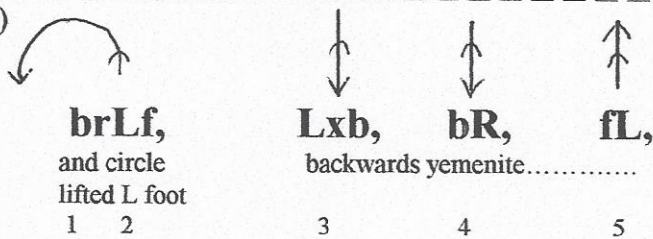
2)



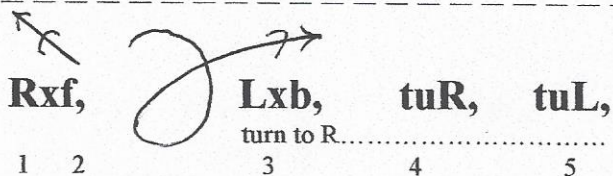
3)



4)



5)



6)

