

NAMARIÊ (Brazil)

Adaptation of original choreography "Agradecer e Abracar" (Thanking and hugging) by Cristiana Menezes.

This simplified version is by **Guataçara Monteiro and Joao Paulo Pessoa**

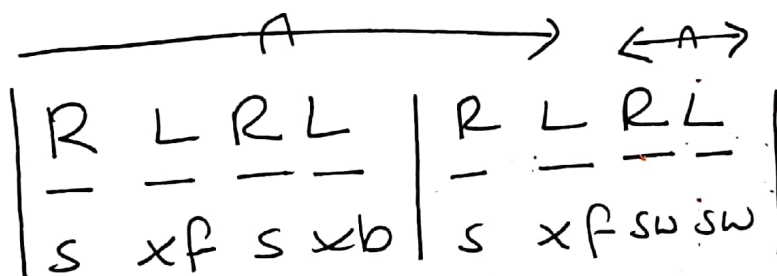
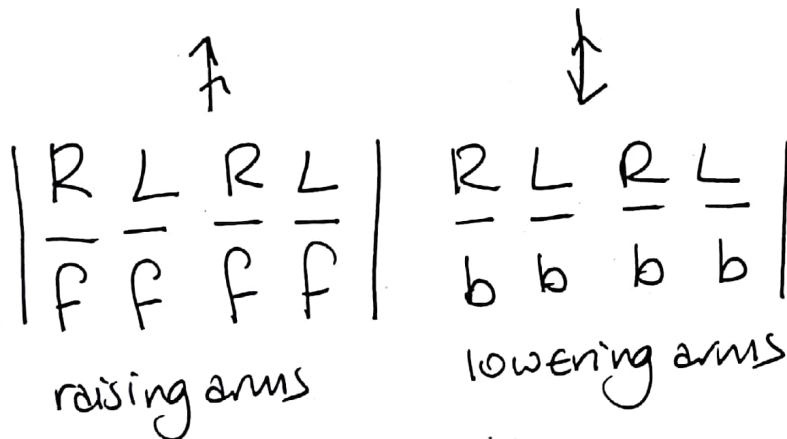
Used as the dance for the video for World Circle Dance Day 2017

Words are in indigenous language, using a greeting from Condomblé, the indigenous religion in Brazil, signifying positive energy

MUSIC by Meninos do Morumbi (you can see them on YouTube). A cultural centre in Sao Paulo founded by Flavio Pimenta in 1996 with the intention of helping disadvantaged children through music and performance. This piece mixes Frevo, African, and Caribbean rhythms with a lot of Bahian flavour.

4/4 Intro – I usually wait 8 bars, but you could start after 4

Circle, V hold



If you like free dancing, there is the option to do this on the second drumming section – it lasts about a minute. As soon as I hear the singing start again I start the dance and the group gradually comes together again