

Little Swallow

Dance : Choreography by Hazel Young.

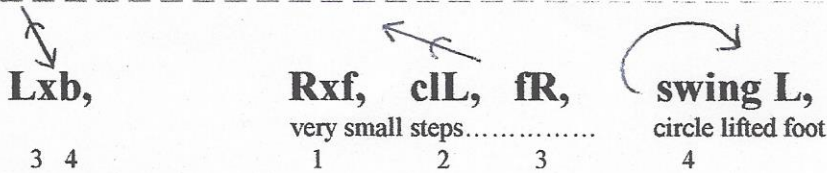
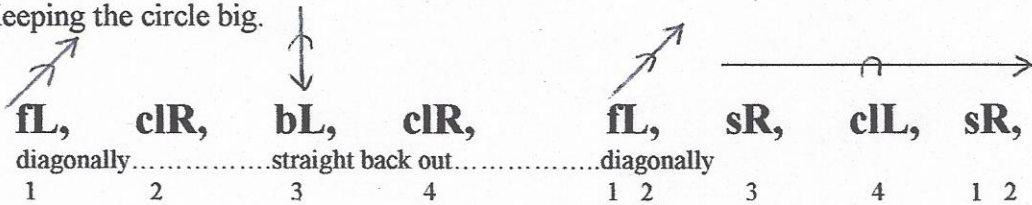
Source of Music : Christina Pluhar and L'Arpeggiata from the CD "Mediterraneo".
Track title "Are Mou Rindineddha". This song is a traditional song from the Greek community that has lived in southern Italy for centuries - the Griko.

Formation : Circle in V-hold facing centre.

Introduction : Start with melody after 1½ bars (at 00:04).

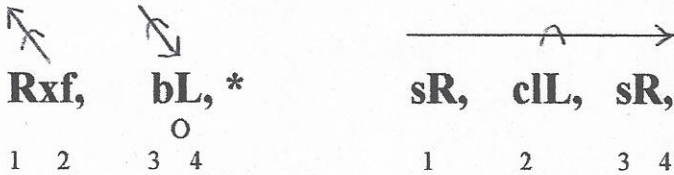
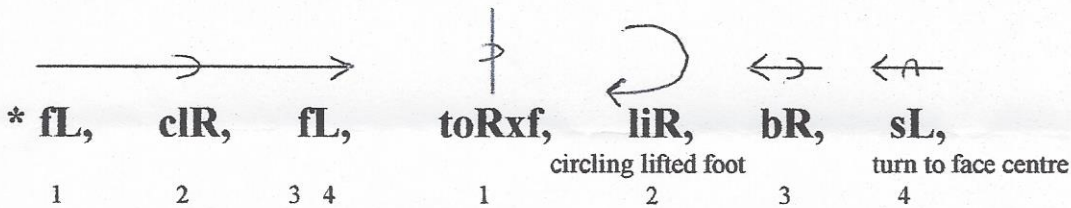
Pattern : [AABC] X 4, bridge, ABC, [AABC] X 2, A, Ending.

A) Keeping the circle big.

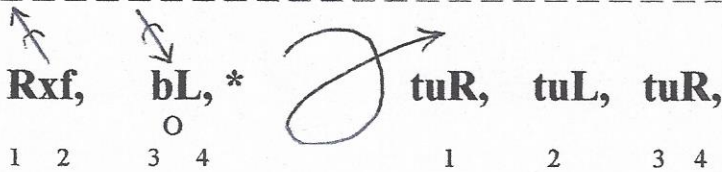
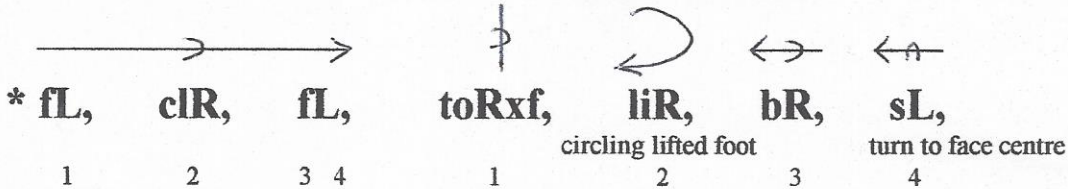


Repeat A)

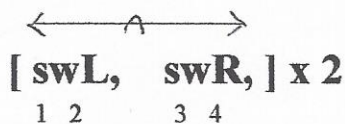
B)



C) Same as B) from * to *, then replace last 3 steps with turn to R :



Bridge) 4 sways



nb. bridge is followed by ABC (not AABC)
 before AABC repeats

Little Swallow (continued)

Ending)



fL, fR, fL, cIR,

coming straight into centre

raising joined hands high.....

1 2

3 4

1 2

3 4

lowering hands forwards with straight arms

1 2

3 4

1 2

3 4



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WHO KNOWS, LITTLE SWALLOW

Who knows, little swallow,
from where you've flown
which seas you've crossed
to arrive with the fair weather.

You've a snowy breast,
jet-black wings,
a back that's blue as the sea,
and a long, forked tail.

I walk along the shore
and watch you
as you soar and swoop
to skim the waves.

But not a word do you say to me,
however much I ask you,
as you soar and swoop
to skim the waves.