

# ATHELA MOU

Start: with swinging

Choreo: Maurits van Geel

Formation: Circle in Whole

Music: Giannis Saleas  
Gypsies of Greece Vol 2

## Basic

→ A →  
 $\frac{R}{s} \quad \frac{L}{xL} \quad \frac{R}{s} \quad \frac{L}{toF}$  → to variations

→ A →  
 $\frac{L}{xF} \quad \frac{R}{s} \quad \frac{L}{xF} \quad \frac{R}{toF}$

+ hip sways  
 → A → ← A →  
 $\frac{R}{s} \quad \frac{L}{toF} \quad \frac{L}{s} \quad \frac{R}{toF}$

+ repeat after variations

← A → → A →  
 $\frac{R}{xF} \quad \frac{L}{rep} \quad \frac{R}{s} \quad \frac{L}{xF}$

Similar last time to:

## Variation

→ \* ① ( R L R L R ) + 2 → \* ②  
 $\begin{matrix} R & L & R & L & R \\ \cup & \cup & - & - & - \\ s & toF & s & xF & to \end{matrix}$   
 (style = as above)